Welcome to the Town of Iroquois Falls!





Imagine IF...



## DISCOVER YOUR IROQUOIS FALLS...

iroquoisfalls.com iroquoisfallschamber.com



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#### PHOTO CREDITS: COUNTRY LANE PHOTOGRAPHY & PIXABAY.COM

# FOR MORE INFORMATION...

Please visit the Chamber of Commerce or Town Hall for more information or to receive a printed version of this package. The printed version also includes the following forms:

- An Address Change Checklist (this is important when moving to a new address)
- Forms:
- Monthly Utility Invoices via Email Enrollment Form (for water only)
- Monthly Utilities Invoice Pre-Authorized Payment Plan for Water
- Monthly Utilities Invoice Pre-Authorized Payment Plan for Property
- Significant By-Laws

\*Please note, that you may view all By-Laws via the Town's website [iroquoisfalls.com] or by visiting Town Hall. Here, we have provided a few by-laws that you may find helpful as you settle into your new home.

- ATV By-Law
- Outdoor Burning By-Law
- Waste Management Fees & Charge By-Law
- Animal By-Law (includes pet licensing...etc.) By-Law

# **EXPLORE. PLAY. CONNECT.**







# Mayor's Visitors Welcome and Citizens Address



What a great honour to be chosen to represent the beautiful community of Iroquois Falls (IF)... the Imagine IF Town! Surrounded by amenities that are the envy of municipalities ten times our population, we are indeed blessed to have a state-of-the-art recreation centre, a wonderful 9-hole golf course, a modern hospital, abundant schools including our newest opened in 2020, a manor for our senior citizens with plans on the horizon for a brand new one, and many churches, just to mention a few.

Our community volunteerism is epic. The arena and bowling centre were built largely due to the countless hours of volunteers. The golf course reminds us that due to volunteerism we have a facility that attracts people from all across the country. Numerous service clubs move ambitious initiatives forward selflessly building recreational infrastructure in our community.

We put on Carnivals and Festivals where you will find our volunteers working tirelessly towards putting on spectacular community and visitor-oriented events. Indeed our community thrives due to the efforts of a culture of volunteerism.

Iroquois Falls has snowmobile trails, walking trails, rivers, and lakes to satisfy the most avid outdoor enthusiast. Grocery stores, drug stores, franchise stores, professional services, auto repair shops, over-night accommodations, hardware stores, and restaurants populate our retail and service sector. IF is a "community" that we are proud to live in, do business in, and call home.

As the new Mayor of this vibrant, growing community I realize that, although I have the responsibility to lead this Town into the future, we, the Council and Staff of Iroquois Falls, can't move our community forward alone. As such I can't emphasize the word "community" enough.

As a truly unified and forward-thinking community, we invite everyone's enthusiastic involvement, commitment, collaboration, and positive energy. A true community effort will be a successful one, and I call on all our citizens to join us in achieving our goals.

And one of our goals is to attract you, your family, your business, and your industry to our community. Located just ten kilometres from the TransCanada Highway, we not only have rail transport, but also an airport that is currently undergoing a very significant upgrade.

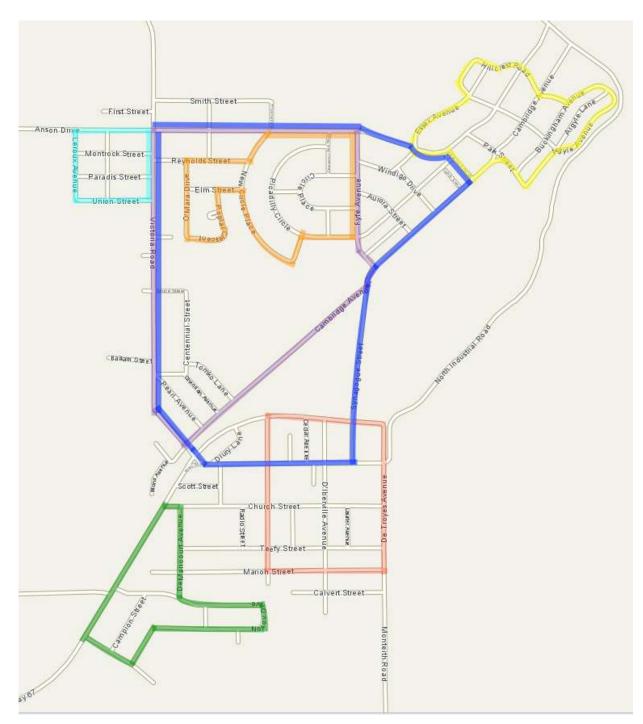
We have all modes of transportation necessary to meet the logistical needs of any business or industry that chooses to locate here. We are in the heart of the Claybelt agricultural district that has proven as bountiful as it is vast. The Abitibi River Forest Management Unit is large enough to fulfill any forest industry's requirements. Recent nearby mining discoveries and established mines position our Town as an excellent central location for a mining equipment service and supply company.

With low taxes, an inventory of affordable housing, schools, recreational facilities, medical and health services, our safe, small community is ideal to raise a family. Our friendliness and willingness to work together has made our community resilient and strong.

If ever there was a time to consider relocation it's now, and our community couldn't be more ready to welcome you! So dare to Imagine IF....and our sincerest and warmest Welcome to Iroquois Falls!

Please visit www.iroquoisfalls.com for more information.

POPULAR IN-TOWN WALKING PATHS



	Km/mi	Walk Time
Loop 1	4.21/2.6	55-65 min.
Loop 2	3.30/2.1	40.50 min.
Loop 3	1.99/1.2	20-30 min.
L000 4	1.98/1.2	25-35 min.
Loop 5	2.30/1.4	25-35 min.
Loop 6	1.05/0.7	10-15 min.
Loop 7	1.87/1.2	20-30 min.

# **IMPORTANT CONTACTS**

The Corporation of the Town of Iroquois Falls 253 Main Street 705-232-5700

### **By-Law Enforcement** 253 Main Street 705-232-6361

#### The Chamber of Commerce

723 Synagogue Avenue 705-232-4656

#### **Anson General Hospital** 58 Anson Drive

705-258-3911

#### **Fire Chief**

Dan Boucher 705-258-3690 \*For emergencies call 911

The Jus Jordan Arena and Iroquois Falls Sports Complex 729 Synagogue Avenue 705-258-3423

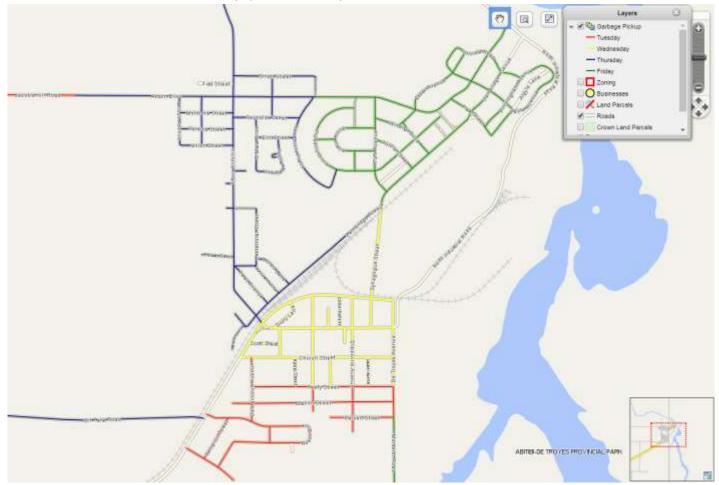
**The Iroquois Falls Public Library** 725 Synagogue Avenue 705-232-5722

#### COMMUNITY FACEBOOK PAGES TO FOLLOW FOR UPDATES!

- The Town of Iroquois Falls
- Iroquois Falls & District Chamber of Commerce
- Minto Counselling Centre
- Timmins Press
- Jus Jordan Arena & Sportsplex
- Earl Porter Lanes
- Iroquois Falls Public Library
- Anson General Hospital

# We also suggest following our local businesses for updates on sales, specials, new items, and more!

# GARBAGE PICKUP



For a closer look at this interactive map, please visit iroquoisfalls.com

#### Landfill Access Pass

- Residential or commercial municipal property owner or tenant: New or replacement Landfill Access Card - \$15.00/calendar year Renewal Sticker (card required) - \$10.00/calendar year
- Seasonal (non-commercial tenant of a recognized campground within the municipality \$10.00/season
- Temporary (non-commercial) individual providing a service to a municipal property owner or tenant \$10.00/week
- Residential non-municipal property owner or tenant \$120.00/calendar year
- Commercial non-municipal property owner or tenant \$250.00/calendar year

For more information regarding our waste management fees and charges and/or landfill hours, please view By-Law 3297-15 To Impose Waste Management Fees and Charges that was provided to you in this package. Or, if you prefer, you may visit our website at <u>www.iroquoisfalls.com</u> and visit our waste management services page or come in to speak with our knowledgeable staff at Town Hall, 253 Main Street, Iroquois Falls.

# PUBLIC WORKS / WATER WORKS AFTER HOURS EMERGENCY SERVICE



### 1-866-569-4188

Your issue will be assessed by the On-Call Answering Service, and your information will be passed along to the appropriate personnel.

You may report water breaks, blocked sewers, missing manhole covers, etc. at any time. Please note that some services may have applicable fees, for example if problem is the property owner's issue, and not the municipality or a broken water service, or a blocked sewer service, on the owner's property.

You may also report road issues such as pot holes, washouts, fallen trees, missing catch basins lids, water ponding on roads, etc. 24/7. Urgent matters will be investigated promptly, while others will be addressed the next working day. E-mails may also be sent to publicworks@iroquoisfalls.com for less urgent concerns.

The Answering Service will require detailed information in order to properly relay the situation to the appropriate personnel.

#### **Contact Information**

General Inquiries -<u>PublicWorks@iroquoisfalls.com</u> Telephone (705) 232-6391 Fax (705) 232-4223

Joel Cyr \* Director of Public Works jcyr@iroquoisfalls.com

Stephen Poliquin \* Technical & Environmental Compliance Manager spoliquin@iroquoisfalls.com

Steve McLean \* Public Works Supervisor smclean@iroquoisfalls.com

Richard Mineault \* Water Works Supervisor <u>rmineault@iroquoisfalls.com</u>

Joanna Nowak \* Clerk of Works nowakj@iroquoisfalls.com

### Methods of payment for Taxes, Water Bills...etc. are as follows:

- Pre-authorized payment plan
- CHEQUE via Regular Mail or Off-Hours Deposit Box located next to the front door at Town Hall.
- Cash, Cheque or Debit over the counter at Town Hall (post-dated cheques will not be accepted).
- Electronic Bill payments including ATMs, phone and internet systems at the following institutions: Bank of Montreal, Caisse Populaire, Scotiabank, RBC, CIBC, Credit Unions of Ontario

Please note: for general notices (such as hydrant flushing, for example), go to the main page of our website <u>www.iroquoisfalls.com</u> \*Notices are also in the local newspaper (The Enterprise).

## **EMERGENCY SERVICES**

For an emergency, please call 911

<u>Fire Department</u> Fire Chief's Office: 705-258-3690 Porquis Fire Station: 705-232-5446

Ambulance Services Office: 705-258-3911

Ontario Provincial Police Communications Centre: 1-888-310-1122

Forest Fire Reporting 310-FIRE (3473)

Marine and Air Search & Rescue 1-800-267-7270

Poison Control 1-800-268-9017

<u>Telehealth</u> 1-866-797-0000

Kid's Help Phone 1-800-668-6868

Timmins & Area Women in Crisis 268-8380 (call collect)

<u>Tranquility House</u> Women's Shelter: 1-705-273-2339 Toll Free: 1-866-993-2339

<u>Crime Stoppers</u> 1-800-222-TIPS (8477) Red Cross

Cochrane Office: 705-272-6770 Community Health & Wellness Coordinator (Cell): 705-271-5537 Timmins & District Branch Manager: 705-267-4900 ext. 201

<u>Community Living</u> Iroquois Falls Office: 705-258-3971

<u>Union Gas</u> Emergency numbers are available 24 hrs/day, 7 days/week For gas leak/odour detections & other gas related emergencies: 1-877-969-0999 For emergency located please contact Ontario One Call: 1-800-400-2255

<u>Northern Ontario Wires</u> Iroquois Falls Office: 705-232-4203 Cochrane Office: 705-272-6669 Toll Free: 1-800-619-6722

<u>Hydro One</u> Report a power outage: 1-800-434-1235 Other: 1-888-664-9376

Other Cochrane District Crisis Line: 1-888-340-3003 211 Ontario North: Dial 2-1-1 to speak with an Information & Referral Specialist

<u>Timmins & District Victim Crisis Assistance</u> <u>& Referral Service</u> 24-hour service call: 1-877-264-4208 Iroquois Falls: 705-232-4351

#### The Curling Club

Contact: 705-232-6204 OR Elmer Fisher; 705-258-3832

The season begins in November and continues through to March. Many activities are planned throughout the season in the Men's, Business, Girls, Mixed, Senior and Junior Curling Associations. The Club has a 5 sheet artificial ice surface and a licensed guest lounge.

<u>Baseball League</u> Contact: The Jus Jordan Arena & Iroquois Falls Sports Complex; 705-258-3436

T-Ball (ages 4-6) Intermediate Ball (ages 7-9) Senior Ball for Kids (ages 10-13)

This program runs from the week of May 22<sup>nd</sup> to the last Thursday of the week that school ends in June. Registration opens late April.

Iroquois Falls Skate Park

Contact: The Jus Jordan Arena & Iroquois Falls Sports Complex; 705-258-3436 Open during the summer months (Mon, Wed, Fri 6:00pm – 9:00pm)

The skate park consists of 1/4 Pipe, Spine, Manual Pad, Bench, 2 Grind Rails, and 1/4 Pike. Admission is \$2.00/person.

Iroquois Falls Ringette Association Contact: Sue Cyr; 705-232-5646

Ringette is a great game! The Iroquois Falls teams have a lot of fun while also learning significant skills and teamwork on the ice.

Iroquois Falls Minor Hockey Association Contact: Tracy Robinson; 705-232-6377

A great way for your kids to learn the importance of leadership and teamwork. The Iroquois Falls Minor Hockey Association can always use more spectators as well, so come out and cheer them on!

Jackpine Snowmobile Club Contact: B. Forget; 705-232-6717

The Jackpine Snowmobile Club is a small snowmobile Club under the OFSC umbrella. They are part of district 14, and adjacent to Polar Bear Rider Club, District 15.

Iroquois Falls Cross Country Ski Club Contact: Jeff at 705-258-2543

The Iroquois Falls Cross Country Ski Club is proud to feature one of the nicest trail systems in this country; second to none. It's a great place to get fit and spend quality time with loved ones during one of the longest seasons of the year.

Royal Canadian Air Cadets Contact: Andréa Villeneuve; 705-262-3090

The Royal Canadian Air Cadets aim to develop in youth, between the ages of 12-18, the attributes of good citizenship and leadership, to promote physical fitness, and to stimulate the interest of youth in the air activities of the Canadian Forces. All this achieved in a challenging, yet disciplined environment.

Air Cadets are not members of the Canadian Forces. The movement is, however, sponsored by the Department of National Defense in partnership with the Air Cadet League of Canada.

Iroquois Falls North Winds Swim Club Contact: Richard Mineault; 705-231-0202

The Iroquois Falls North Winds Swim Club is an organization that helps kids develop their swimming skills in a supportive and friendly team atmosphere.

Jackpine Judo Club Contact: P. Proulx; 705-232-6717

This is a great club to join if you are looking to train in self-defense. This sport also teaches strength, agility and leadership.

<u>Val Gagne Fastball Leagues</u> Kids & Men's Leagues - Contact: M. Bourgeois; 705-232-0979 Mixed 3-Pitch League - Contact: Dude Giguere; 705-232-0371

This league promotes an active, healthy lifestyle for youth by developing leadership, fair play, team building skills, community spirit and involvement of area youth.

<u>Iroquois Falls Pioneer Museum</u> May 1<sup>st</sup> – September 15<sup>th</sup>: 705-258-3730 Off-Season: Pre-arranged tours available! Call the Iroquois Falls Chamber of Commerce at 705-232-4656

Experience days gone by with the Iroquois Falls Pioneer Museum. Over 5,000 artifacts including written reference material and picture images.

Kelly's Yoga

Contact: Kelly MacLean; 705-232-2540

Kelly offers a 10 week program:

Gentle/Chair Yoga - Basic Yoga & for Specific Health Issues 4:00pm-5:00pm Free Meditation Session 5:15pm-5:45pm (Available to all Yogis and general public) Beyond Beginners - Full Sivananda Set & Advanced Postures 6:00pm-7:30pm

<u>Kidsport</u> Contact: KidSport Iroquois Falls P.O. Box 1301, POK 1G0 (705) 232-6717

"KidSport is a grass roots Canadian non-profit organization that provides support to under-resourced children and youth 18 years of age and under across the country by removing financial barriers that prevent them from playing organized sport."

Earl Porter Lanes Address: 723 Synagogue Avenue Contact: 705-232-4656

<u>Abitibi Golf Club</u> Address: 101 Park Street Contact: 705-258-3590

<u>Step 'N Sound Dance Studio</u> Address: 254 Main St. Contact: Stephanie Delaurier at 705-465-0632 info@stepnsounddance.com

Step 'N Sound is fully devoted to encouraging all students to strive for excellence and providing students of all ages an encouraging environment where they are given the opportunity to grow and excel in their performing arts education and enjoy the journey along the way.

<u>Health Promotion's Adult Day Program</u> Address: 729 Synagogue Avenue Contact: 705-232-6777 (in office Tuesdays, Wednesdays & Thursdays)

Located at the Jus Jordan Arena, the Health Promotion Centre was created to promote healthy living habits for seniors to become more physically active, emotionally aware and mentally stimulated. Seniors are encouraged to not only take care of their physical well-being but to pass on their wisdom and life experience to younger generations.

Mill Market 209 Cambridge Avenue` 705-258-2965

The Mill Market is open from June through to December. Grown, raised or crafted by Northern Ontario's farmers, ranchers, fishermen, artists and artisans; Mill Market brings the best of our lakes, fields and forests to Iroquois Falls. Whether you are local or from out of town, this is an event that is not to be missed.

<u>Horticultural Society</u> Contact: Louis Fortier; 705-232-2309

The Horticultural society is filled with residents who share a love of gardening, find deep enjoyment in sharing their knowledge, have a commitment to preserving and restoring Ontario's natural environment and a dedication to making Iroquois Falls beautiful, sustainable and livable.

Fish & Game Club Contact: M. Podrucky; 705-258-3975

<u>Duplicate Bridge Club</u> Contact: P. Clouthier; 705-232-5304 This Club meets each week on Mondays at 7:00 p.m. except for July and August.

<u>L'age D'or D'amicale</u> Contact: A. Bergounhon; 705-258-3436

Ligue De Balles Des Jeunes De VG Contact: S. Purdy; 705-232-6810

Legion Mixed Dart League Contact: S. Leblanc; 705-258-3711

#### More recreational activities listed below:

- Fishing
- Hunting
- Snowshoeing
- Skating
- Hiking trails
- Bicycling
- Roller Blading
- Canoeing & Boating

- Water skiing
- Badminton, tennis
- Baseball
- Volleyball
- Swimming
- Camping
- Many beaches, lakes and rivers

# JUS JORDAN ARENA AND SPORTS COMPLEX

Fitness classes are offered year round and range from low impact sessions to high intensity workouts. The newest feature is a swipe access system that allows premium gym members the ability to complete their workout sessions at their chosen time, including outside of normal hours of operation.

#### The Sports Complex offers the following:

- 25 meter indoor swimming pool
- Whirlpool Saunas
- Squash Court
- Weight Lifting & Cardio Room
- Community Hall & multi-purpose room
- Tennis Courts
- Volleyball Court
- Baseball Diamond

### POOL HOURS

#### Mondays

9:30 a.m. to 10:30 a.m. 10:30 a.m. to 11:30 a.m. 12:00 p.m. to 1:00 p.m. 6:00 p.m. to 7:00 p.m. 7:00 p.m. to 8:00 p.m. Swim 8:00 p.m. to 9:00 p.m.

#### Wednesdays

9:30 a.m. to 10:30 a.m.
10:30 a.m. to 11:30 a.m.
12:00 p.m. to 1:00 p.m.
(Wednesday closed at 5:00 p.m.)

#### Fridays

9:30 a.m. to 10:30 a.m. 10:30 a.m. to 11:30 a.m. 12:00 p.m. to 1:00 p.m. 6:00 p.m. to 7:00 p.m. 7:00 p.m. to 8:00 p.m. 8:00 p.m. to 9:00 p.m. Adult Swim

#### Sundays

6:00 p.m. to 7:00 p.m. 7:00 p.m. to 8:00 p.m. 8:00 p.m. to 9:00 p.m. Public Swim Aquafitness Adult Swim Public Swim Aquafit/Lap

Adult Swim

Public Swim Aquafitness Adult Swim

Public Swim Aquafitness Adult Swim Family Swim Public Swim Teen (12 yrs.)/

Family Swim Public Swim Adult Swim

### Tuesdays

9:30 a.m. to 10:30 a.m. 10:30 a.m. to 11:30 a.m. 12:00 p.m. to 1:00 p.m. 6:30 p.m. to 8:00 p.m. 8:00 p.m. to 9:00 p.m.

#### Thursdays

9:30 a.m. to 10:30 a.m. 10:30 a.m. to 11:30 a.m. 12:00 p.m. to 1:00 p.m. 6:30 p.m. to 8:00 p.m. 8:00 p.m. to 9:00 p.m.

#### Saturdays

1:00 p.m. to 2:30 p.m. 2:30 p.m. to 3:30 p.m. Public Swim Parent and Tots Adult Swim Public Swim Adult Swim

Public Swim Parent and Tots Adult Swim Public Swim Adult Swim

Public Swim Family Swim

# **VOLUNTEER OPPORTUNITIES**

#### The Iroquois Falls Cross Country Ski Club

The Iroquois Falls Cross Country Ski Club is always looking for volunteers to assist with events, trail grooming and Youth programs. If you love to cook, they also always appreciate the contribution of a nice warm soup and or/bread to sell at their canteen on Saturdays and Sundays. The funds raised are used to help support the club. They also need more volunteer ski teachers and chalet attendants.

If you are interested in volunteering with the Iroquois Falls Cross Country Ski Club, email <u>ifccsc@gmail.com</u> or call Jeff at 705-258-2543.

#### Community Living

Community Living offers volunteer job placement for their Community Access program. Their drop-in programs include the following:

- Employment/volunteer job placement
- Life skills training
- A variety of leisure activities
- Alternative communication assistance
- Community integration/exposure i.e. community events, guest speakers, fundraising

The population served is adults 18 years and older with developmental disabilities. If you wish to volunteer with Community Living, please email <u>ifacl@onlink.net</u> or call 705-258-3971.

#### The Northern Ontario Animal Welfare Society

The Northern Ontario Animal Welfare Society is a non-profit group that is dedicated to helping the overpopulation of animals. They care for, neuter or spay, and find permanent homes for homeless animals. If you wish to volunteer with the Northern Ontario Animal Welfare Society, email <u>adoptions@noaws.com</u> or call 705-360-0930.

#### Volunteer Firefighting

To become a volunteer firefighter, you must first fill out an application. You may get an application from Town Hall or, you may retrieve the application by going to <u>www.iroquoisfalls.com</u>, then going to the fire department page, in the FAQ section at the bottom you will see a link where you can download the application.

#### Chamber of Commerce

If you are interested in becoming a member of a Chamber committee, contact them directly to find out if there are any current opportunities that may be of interest to you.

#### The Royal Canadian Legion Branch 70

The Royal Canadian Legion Branch is always looking for eager volunteers. For more information, please contact: 705-258-3711.

# **VOLUNTEER OPPORTUNITIES**

#### The Air Cadets

The 792 Air Cadets are always looking for interested screened adults (and will help with the screening process and reimburse the fees) to help with the many aspects of the program. They offer air activities and education (gliding, pilot training opportunities, and air mechanics), music, drill (including monkey drill), range activities such as marksmanship, care, and safety of rifles and ammunition, skiing, biathlon, orienteering, aircrew bush survival (camping with structured activities for bush survival training), various sports and fitness activities, citizenship activities and fundraising. For some of these activities it is required that the adult become a CIC Officer (Cadet Instructors Cadre), which is a part-time paid position as a member of the Canadian Forces Reserve, whose primary duty is the supervision, administration, and training of our youth (age 12-19).

#### Other Opportunities

There are always many volunteer opportunities available in Iroquois Falls. We suggest speaking with townspeople and/or the Chamber of Commerce to find out current projects and committees. We know that with our vast variety of volunteer opportunities you will find something that is of interest to you.



# WELCOME TO THE ARTS IN IROQUOIS FALLS!

Iroquois Falls is a community that embraces the arts in its many beautiful forms.

The Iroquois Falls Arts Council (IFAC) is an umbrella organization that coordinates the various art-related groups in town, providing leadership and cohesion. The mandate of the Iroquois Falls Arts Council is to advocate for the arts, promote the arts, and provide stewardship. All forms of art are valued.

Venues:

- 385-seat auditorium, the Marie and Dr. Michael Boyle Community Auditorium, located on the ground floor of the local high school
- Roofed outdoor concert area with campground
- Outdoor stage in Anson Park
- Several halls for indoor events

Events in Iroquois Falls include:

- Outdoor concerts
- Dinner theatre
- Empty Bowls for food security
- Craft shows
- Lessons in piano, flute, violin, voice
- Drawing and painting lessons for children and adults
- Lion's Music Festival
- Community Choir
- Weaving Guild
- Dance classes
- Eugene Rickard-Bill Harkins Christmas Telethon
- Music!Music!Music! busking event

Do you have skills in marketing, fundraising, event planning, organizing, or do you simply have a passion for the arts? Then please email us at <u>iroquoisfallsartscouncil@gmail.com</u> or contact Tammy: tamaramorrissette@gmail.com, Robin: edmunds.robin@gmail.com, or Fran: frannie.cote.60@gmail.com, for more information.

#### The Facebook page is Iroquois Falls Arts Council.







# **MEDICAL SERVICES**

Iroquois Falls has quality health care services for its residents, including counselling services, general practitioners, and specialized doctors. Please visit MICs Group of Health Services at: <u>www.micsgroup.com</u> to find out more!

#### Anson General Hospital

58 Anson Drive Iroquois Falls, ON POK 1E0 705-258-3911

Currently the hospital is designated as having 19 acute, 15 complex continuing care and 69 long-term care beds. AGH's services include, Emergency, Laboratory, Diagnostic Imaging, Clinical Nutrition, Diabetes Program, Physiotherapy, Specialty clinics, Complex Continuing Care, Telemedicine and more.

#### **Iroquois Falls Family Health Team**

58 Anson Drive Iroquois Falls, ON POK 1E0 705-258-2818

A new medical clinic located on hospital grounds, houses the Family Health Team which consists of 4 family Physicians, a Physician's assistant, a Nurse Practitioner, a Registered Nurse, a Registered Practical Nurse, Registered Dietician, mental health services and a dedicated team of administrative professionals.

#### **Porcupine Health Unit**

58 Anson Drive Iroquois Falls, ON POK 1E0 705-258-2247

We help through a variety of relevant and accessible programs and services. Over 120 staff in nine different offices deliver these programs and services. They include dental hygienists, speech-language pathologists, geneticists, nurse practitioners, public health nutritionists, dietitians, inspectors, public health nurses and health promoters.

# EYE CARE, CHIROPRACTORS & DENTAL OFFICES

### EYE CARE

Family Eye Care

Dr. McLennan, Dr. Boileau & Dr. Briand 260 Main Street Iroquois Falls, ON POK 1G0 705-232-5311

### **CHIROPRACTORS**

Iroquois Falls Chiropractic Dr. Erin Thomson 243 Main Street Iroquois Falls, ON POK 1G0 705-232-2220

#### **Atlas Chiropractic Clinic**

Dr. Peter Picard 107 Ambridge Drive Iroquois Falls, ON POK 1G0 705-232-6888

#### **DENTAL OFFICES**

Vockeroth Family Dentistry 184 Cambridge Avenue Iroquois Falls, ON POK 1G0 705-258-4073

Iroquois Falls Family Dental 239 Main Street Iroquois Falls, ON POK 1G0 705-232-5155







# FAMILY SERVICES, COUNSELLING & MENTAL HEALTH

### COUNSELLING SERVICES

#### **Breakthrough Counselling & Consulting**

Lee-Ann Boucher 107 New Circle Place Iroquois Falls, ON 705-231-0411

### **Minto Counselling Centre**

Vanessa Cowell 58A Anson Drive Iroquois Falls, ON 705-258-2212

Le Mouvement La Porte Ouverte Inc. M. Nugent Iroquois Falls, ON POK 1G0

### Mental Health Counselling

Lisa Drapeau, I.F. Family Health Team 58A Anson Drive Iroquois Falls, ON 705-258-2818

#### SUPPORT GROUPS

S.A.L. Centre (Surrender & Live) 130 Main Street Iroquois Falls, ON 705-232-5656

Fibromyalgia Support Group M. Mongeon Iroquois Falls, ON 705-258-3706

**Caregiver Support Group** Alzheimer's Society Timmins S. Cossette Timmins, ON 705-268-4554

### FAMILY SERVICES

**Community Living** 9 Veterans Drive (Office) 3 Spruce Street (Residence) 27 Anson Drive (Residence) Iroquois Falls, ON 705-258-3971

North Eastern Ontario Family and Children's Services 457 Zealand Avenue 705-232-7000

**Brighter Futures** Social Services Program 457 Zealand Avenue 705-232-7000

Early ON Child and Family Centre 540 Ste. Helene Avenue 705-232-6777

### SUPPORT GROUPS CONT'

South Cochrane Addiction Services Inc. 58A Anson Drive Iroquois Falls, ON 705-232-4344



# PRESCHOOL, DAY CARE SERVICES & ELEMENTARY SCHOOLS

### PRESCHOOL CENTRES

#### Early ON Child and Family Centre

540 Ste. Helene Avenue

705-232-6777

Services: Kids Club (School Readiness), weekly playgroups, Lunch 'n Learn workshops, family gym, celebrations with special crafts and activities, free family breakfast, etc.

### Centre Éducatif Rayon De Soleil

Located in École élémentaire Etoile du Nord 551 Union Street 705-231-0399

### Tanie's Tots Day Care Centre 59 Main Street 705-232-5302 Age Groups: Toddler (1.5 to 2.5 years), Preschool (2.5 to 6 years), Primary/Junior (6 to 13 years).

Garderie D'Iroquois Falls Located in École Saint-Martyrs Canadiens 425 Teefy Street 705-232-6019

### **ELEMENTARY SCHOOLS**

École Publique Étoile du Nord 551 rue Union 705-232-2000 httops://etoile-du-nord.cspne.ca https://cspne.ca

### École Catholique Saint-Martyrs Canadiens 425 rue Teefy 705-232-4019 http://ecsmc.cscdgr.education/ www.cscdgr.education https://www.ncdsb.on.ca

Saint-Anne's Catholic School 200 Church Street 705-232-5355 https://www.ncdsb.on.ca/school. php?id=7

Iroquois Falls Public School 200 Church Street 705-232-6651 https://www.dbs1.ca/school/ifps https://www.dsb1.ca

# SECONDARY SCHOOLS, POST-SECONDARY EDUCATION & ADULT LEARNING

### SECONDARY SCHOOLS

École Sécondaire Publique L'Alliance 44 Anson Drive 705-258-3223 www.ecolealliance.ca https://cspne.ca

### École Sécondaire Catholique L'Alliance 44 Anson Drive 705-258-3223 www.ecolealliance.ca www.cscdgr.education

#### **Iroquois Falls Secondary School**

44 Anson Drive 705-258-3921 https://www.dbs1.ca/school/ifss https://www.dsb1.ca

### POST-SECONDARY EDUCATION

#### **Northern College**

Post-Secondary Education, Continued Education & more 4715 Highway 101 East South Porcupine, ON 705-235-3211 www.northernc.on.ca

#### Collège Boréal

Éducation post-sécondaire en français 395 Thériault Boulevard Timmins, ON 705-267-5850 www.collegeboreal.ca/ourlocations/campuses/timmins

#### Université De Hearst

Éducation post-sécondaire en français 395 Thériault Boulevard Timmins, ON 705-267-2144 www.uhearst.ca

### ADULT LEARNING

### Adult Learning Centre Education upgrading, Post-secondary education 723 Synagogue Avenue 705-232-5433 www.alctraining.ca www.fnetb.ca

#### **Contact North**

Online learning, Skill upgrading, Training 44 Anson Drive Toll Free: 877-999-9149 <u>https://contactnorth.ca</u> <u>www.fnetb.ca</u>

# **CORPORATE BUSINESS & IROQUOIS FALLS RETAIL**





CORPORATE BUSINESS Hydro One 1-888-664-9376

Northern Ontario Wires 1-888-619-6722 705-232-4203

**Ontera** 1-888-566-8372

Northern Telephone 1-800-360-8555

Iroquois Falls Power Corporation 705-258-4410

Union Gas 1-877-969-0999

Vianet 1-800-788-0363 RETAIL Seguin's Valu-Mart 320 Main Street 705-232-5153

**Foodland** 171 Ambridge Drive 705-232-4071

L.C.B.O. 187 Devonshire Avenue 705-258-3202

The Beer Store 227 Cambridge Avenue 705-258-3210

Iroquois Falls Lumber Corporation (Timbrmart) 245 Cambridge Avenue 705-258-3603

Home Hardware Building Centre 745 Ambridge Drive 705-232-4029 RETAIL Folklife 7472 Highway 11 705-232-0136

Bussiere's Italian Sausage (sold at the Myna in Iroquois Falls) 231 Devonshire Avenue 705-258-3854

I.F. Express 664 D'Iberville Avenue 705-232-3032

Ambridge Antiques 79 Ambridge Drive 705-232-1144

Country Lane Photography & Giftshop 251 Ambridge Drive 705-232-8835

**Yarns Etc** 117 Ambridge Drive 705-232-4131

## **IROQUOIS FALLS RETAIL**

Perfect Touch Clothing 231 Ambridge Drive 705-232-5655

**Boutique Serenade** 125 Ambridge Drive 705-232-5715

**Timmins Flower Shop** 103 Ambridge Drive 705-264-6212

Iroquois Falls New & Used 565 D'Iberville Avenue 705-232-2133

Mill Market June-December 209 Cambridge Avenue 705-258-2965

Iroquois Falls TV 673 Synagogue Avenue 705-232-5351

Rick's Hi-Fi, the Source 254 Main Street 705-232-5557

shop local **Family Eye Care** 260 Main Street 705-232-5311

Iroquois Falls Guardian Pharmacy 125 Ambridge Drive 705-232-4940

Family Care Pharma Choice 190 Main Street 705-232-2084

IDA RX Drug Mart 201 Ambridge Drive 705-232-6625

Bite Me Bait & Tackle 1001 Wilson Lake Road, RR1 705-465-0590

Iroquois Falls Discount & Dollar Store 272 Main Street 705-232-2099

The Bargain Shop 288 Cambridge Avenue 705-232-4811 Dumont's Service Station (Petro-Canada) 559 Ambridge Drive 705-232-4263

Fuddy Duddy's Variety & Dry Cleaning 375 Main Street 705-232-2393

Myna Variety Store 231 Devonshire Avenue 705-258-3854

Murielle's Video 187 Main Street 705-232-5365



# **AUTOMOTIVE SERVICES & REPAIR**





Action Automotive 1059 Oil Tank Road 705-232-5616

Guay's Garage Hwy 11, Val Gagné 705-232-4051

Lepage Automotive 365 Ambridge Drive 705-232-6506

Dumont's Service Station (Petro-Canada) 559 Ambridge Drive 705-232-4263

Montrock Small Motors 178 Anson Drive 705-232-6461 **Ray Hopkins Service Station** 7925 Hwy. 11 Porquis 705-232-6203

Sauve's Service Station 1462 Monteith Road 705-232-2316

**Sno Sun Motors** 311 Ambridge Drive 705-232-8478

Rondeau's Autobody 358 Cambridge Avenue 705-232-4505

Iroquois Falls Touchless Car Wash 631 Ambridge Drive 705-232-5050

# REAL ESTATE, HOME INSPECTION, HOUSING SERVICES & SENIOR RESIDENCES

### **REAL ESTATE**

Kelly MacLean Sales Representative - ClaimPost Realty Ltd. Office: 705-264-5364 Cell: 705-221-4009 http://www.kellyworks4u.com/

Lauren Zieminski

Sales Representative - Realty Networks Inc., Brokerage Cell: 705-465-8484 Lauren@LaurenZ.ca

### HOME INSPECTION

SKYSPECT Inspection Services 108 Park Street Iroquois Falls ON POK1E0 Phone: 705-258-3536 Web: www.skyspect.com

# HOUSING SERVICES & SENIOR

Cochrane District Social Services Administration Board 33 Ambridge Drive, Box 1028 Iroquois Falls, ON POK 1G0 705-232-4095 or 800-461-2009

RESIDENCES



# HOUSING SERVICES & SENIOR RESIDENCES

Housing – Gear-to-income Union Street – Row – 12 Units O'Mara Drive – House - 6 Units Campion Street – Semi – 12 Units Campion Streets – Semi – 16 Units

#### South Centennial Manner

240 Fyfe Street Iroquois Falls, ON POK 1E0 705-258-3836 Residents receive nursing, personal care, assistance with activities of daily living, treatment & medication administration, special diets, laundry services, room & board, social/recreational programs, physician services, on-site therapy services, foot care & other optional services such as, pastoral care.

Senior Residences (60+) Riverview Villa – Walk-up – 14 Units 471 DeTroyes Avenue

**Picadilly Apartments** – Walk-up – 25 Units 156 Picadilly Circle

**Golden Villa** – Walk-up – 10 Units 628 Majestic Street

**Cambridge Place** – Apartments – 23 Units 250 Cambridge Avenue

**I.F. Senior's Apartments** – Apartments – 10 Units 142-160 New Circle Place

# **CONSTRUCTION & CONTRACTORS**

**Cockburn Construction** 1122 Hopkins Road 705-288-8013

**Custom Kitchen** 705-232-2362

### Gil's Trucking Backhoe & Dozer Service 71 Evelyn Street, Porquis Junction Tel: 705-232-5678 Cell: 705-232-8911

KWH Electrical 1183 Victoria Road Kirk Hilts 705-232-7900

### Gutter Medic Alain Filion

632 Majestic Street 705-221-4290

Jamieson Contracting 705-231-0226

**JP`s Drafting Services** Home: 705-232-6694 Cell: 705-232-0591

John Wlad & Sons Construction LTD. 705-232-6782

Ken's Asphalt Services 1328 Jacob's Hill Road 705-232-8622

**Caza's Landscaping** 705-258-2404 NA Puckalo Trucking 176 Anson Drive 705-232-4330

Northline Roofing & Renos 705-232-2243

**PL Services** 13 Hoffman Ave., Monteith 705-231-0381

**Timber 2000** 2206 Country Lane, Val Gagné 705-232-8051

Seguin's Handyman 705-262-7495





# **DINING & CATERING**

### DINING

**Olindo'z Pizza & Sports Bar Restaurant** 141 Main Street 705-232-4060

Imperial Restaurant 146 Main Street 705-232-6660

**The Bus Stop (seasonal)** 59 Ambridge Drive 705-232-6413

Silver Grill 189 Ambridge Drive 705-232-4220

**Rosalie`s** 338 Main Street 705-232-4480

**Subway** 188 Cambridge Avenue 705-258-2430

Tim Hortons 292 Cambridge Avenue 705-232-4366

### CATERING

Legion Branch 70 (bar & catering) 185 Devonshire Avenue 705-258-3711

The Station Hall (bar & restaurant also) 249 Cambridge Avenue 705-232-8760

Porquis Agricultural Society 705-232-5678





# ACCOMODATION

### CAMPGROUNDS

**Cameron's Beach Campground (seasonal)** Big Nellie Lake Road 705-232-4905

Horseshoe Lake Campground Frank Road, Porquis Junction 705-232-6869

**Twin Falls Marina & Campground** Twin Falls, Iroquois Falls 705-232-0221 or 705-264-6687

Rice Lake Family Campground 1458 Rice Lake Road Summer: 705-232-5560 Winter: 705-232-4606

### HOTEL

Auberge MacDonald Guest Inn 225 Cambridge Avenue 705-232-0779

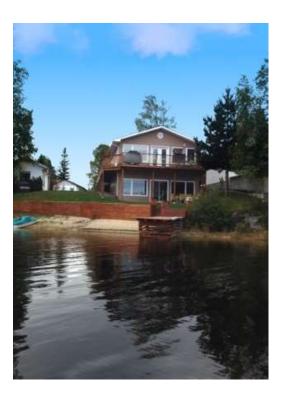
### **BED & BREAKFASTS**

Ansonville Inn 100 Argyle Avenue 289-442-4996

Sunset Bay Inn 82 Sunset Bay Road 705-232-4768







# WELCOME HOME!

### NECESSITIES FOR A NEW HOME...

**Bartel Systems** 1012 Cameron Avenue 705-232-4975

**Grant`s Heating Plus** 591 Ambridge Drive 705-232-8595

AJ's Plumbing & Heating 1092 Camp Bickell Road, Connaught 705-465-6444

Hooked Up Electrical 81 Evelyn St. Porquis 705-232-6464

Pat's Carpet & Upholstery Cleaning 705-232-4148

Reliable Home Heating & A/C 130 Main Street 705-232-8869

Eastlink Cable 1-888-345-1111

### INSURANCE

Assurances Robichaud Insurance 200 Main Street 705-232-4636

**Cambrian Insurance Brokers** 4 Third Avenue, Cochrane 705-272-5979

**PBL Insurance LTD.** 100 Third Avenue, Timmins 705-268-1011

SERVICE INQUIRIES Call: 2-1-1 OR visit: 211ontario.ca



# **ANIMAL SERVICES**

### PET GROOMING 4 Paws Grooming

1121 Victoria Road 705-232-5353

Canine Cuts Dog Grooming 119 Picadilly Circle 705-231-0471

Carole Bujold's Pet Grooming 895 Centennial Street 705-232-6318

### VETERINARIAN &

### ANIMAL SHELTERS Northern Ontario Animal Welfare Society P.O. Box 51, Iroquois Falls,

Ontario POK 1G0 adoptions@noaws.com

Northern Veterinary Hospital 741 Hwy. 67 705-232-7700

Humane Society for Timmins & District 620 Mahoney Road, Timmins 705-264-1816

### KENNELS

Frederickhouse Kennels 3070 Frederickhouse Lake Road 705-235-2345







# PHOTOGRAPHY

#### **Robin's Nest**

carole.lyne@gmail.com
https://www.facebook.com/photosbycarole
lyne/

#### Northern Accents Photography

northernaccentsphotography@gmail.com facebook.com/northernaccentsphotography

# Country Lane Photography

251 Ambridge Drive 705-232-8835 https://www.facebook.com/Country-Lane-Photography-giftshop-454917844538433/

#### **Imaging By Marlyn**

121 Cambridge Avenue 705-258-3580

### **True North Photography** facebook.com/truenorthmemories <u>https://bourgs2.wixsite.com/truenorthphotography</u> 705-232-3467

Cliffhouse Photography Saidia Jade http://www.saidia.ca/ info@cliffhousephotography.ca 250-516-5581



# HAIR, BEAUTY & PERSONAL CARE



### ESTHETICS Epoch Salon

91 Ambridge Drive 705-232-4411

**Esthetics by Silvia** 162 Devonshire Avenue 705-258-4114

Pacific Indulgence Skin Care Clinic & Spa 637 Majestic Street 705-232-2146

**Spa Luxe** 510 Nosov Drive 705-232-2516

**Glam bar by Celine** 1022 Wings Road 705-221-3223 HAIR STYLISTS Suzanne's Beauty Salon 671 Cedar Avenue 705-232-6358

Hair Studio & Tanning 671 Cedar Street 705-232-4389

Peter Pan Beauty Salon 464 Radio Street 705-232-6500

Aman Hairstyling 993 Victoria Road 705-232-4373

**Cynthia's Hairstyling** 335 Main Street 705-232-5800

**Hair by Jarred** 162 Devonshire Ave. 705-258-4114

Salon Magella 705-232-7708

#### THERAPEUTIC CARE

Awaken Body & Mind (Massage) 91 Ambridge Drive 705-262-3827

**The Mind-Body Sanctuary** 461 Church Street 705-221-3351

## HAIR STYLISTS CONT` Rox's Edge

299 Main Street 705-221-2121

Hair Creations by Vanessa 705-232-2090

# MUNICIPAL SERVICES, COMMUNITY HALLS & ORGANIZATIONS





**Iroquois Falls Public Library** 725 Synagogue Avenue 705-232-5722

Cemetery Services 253 Main Street 705-232-6357

Iroquois Falls Town Hall 253 Main Street 705-232-5700

Jus Jordan Community Arena 729 Synagogue Avenue 705-258-3436

Iroquois Falls Sports Complex (Located in Jus Jordan Arena) 729 Synagogue Avenue 705-258-3436

Iroquois Falls Lions Club 239 Church Street 705-232-5500 Marie & Dr. Boyle Auditorium 44 Anson Drive Please go to the following website, and follow the instructions provided: <u>https://www.dsb1.ca/communityus</u> <u>eofschools/Pages/default.aspx</u> If you need further assistance, please contact 705-258-3921

Iroquois Falls & District Chamber of Commerce (Earl Porter Lanes also) 723 Synagogue Avenue 705-232-4656 Iroquois Falls Community Centre 548 Union Street 705-258-3436

**Porquis Agriculture Society** Porquis, ON 705-232-5678

**Porquis Community Centre** 31 Edward Street, Porquis 705-232-6600

Royal Canadian Legion Branch 70 185 Devonshire Avenue 705-258-3711

Val Gagné Community Hall 560 Lessard Street, Val Gagné 705-232-6382

The Station Hall 249 Cambridge Avenue 705-232-8760

# **GOVERNMENT, SOCIAL & LEGAL SERVICES**

### GOVERNMENT & SOCIAL SERVICES

**Canada Post Corporation** 249 Church Street 705-232-6233

N.E.O.F.A.C.S. North Eastern Ontario Family & Children Services & Brighter Futures 457 Zealand Avenue 705-232-7000

C.D.S.S.A.B. – Ontario Works -Housing Cochrane District Social Services Administration Board Housing, Employment Ontario 33 Ambridge Drive 705-232-4095?

Early ON Child & Family Centre 540 Ste. Helene Avenue 705-232-6777

Minto Counselling Centre 58A Anson Drive 705-258-2212

**Tranquility House Women's Shelter** Matheson, ON 705-273-2339



Ministry of Northern Development, Mines & Forestry 33 Ambridge Drive 705-232-4660

#### VCARS

Victim Crisis Assistance & Referral Services 52 Critchley Ave, Monteith 705-232-4087

Service Canada 120 Cedar Street South Timmins, ON 1-800-622-6232

Service Ontario 33 Ambridge Drive 1-800-267-8097

### LEGAL SERVICES

J. Kenneth Alexander Barrister & Solicitor 238 Main Street 705-232-4309

Susan T. McGrath Barrister & Solicitor 97 Ambridge Drive 705-232-4055

Legal aid Ontario 3 Pine Street South Timmins, ON 705-264-9472

Justice of the Peace 38 Pine Street North Timmins, Ontario 705-267-7799

Small Claims Court 149 Fourth Avenue Cochrane, ON 705-272-4256

Lawyer Referral Office 1-900-565-4577

Monteith Correctional Complex 3052 Rese Road Monteith, ON 705-232-4092

**Ombudsman Ontario** 1-800-263-1830



## **BANKING, FINANCIAL, FUNERAL & TRANSIT SERVICES**

#### BANKING

La Caisse Populaire 165 Main Street 705-232-5211

Royal Bank of Canada 160 Main Street 705-232-4076

#### **FINANCIAL SERVICES**

Breton Accounting 1333 Victoria Road 705-232-6517

**Credential Financial Strategies** Suzanne Delorme-Gauthier 705-268-3733

H & R Block 119 Main Street 705-232-6789

Community Volunteer Income Tax Program Tuesdays & Thursdays (February to April) 10:00 am to 12:00 pm Location: Service Ontario Contact: Carmen Girard at 705-232-0583

Maureen's Bookkeeping Services 705-668-0907

### **FUNERAL SERVICES**

Irvine & Irvine Limited 641 Detroyes Avenue 705-232-4006

Abitibi Funeral Services Ltd. 236 Cambridge Avenue 705-258-4077

#### TRANSIT SERVICES

Access Transit For seniors & people with impairment 705-232-8733

**Taxi** Iroquois Falls Taxi Service 705-232-2221

#### Ontario Northland Bus Services Located at chamber of

commerce 705-232-4656

Air Services Victor M. Power Airport (YTS) Timmins, ON 705-360-2636

www.timminsairport.com

# RELIGION

Iroquois Falls Pentecostal Church 154 Teefy Street 705-232-5444

Northern Lights Baptist Church 1294 Leroux Avenue 705-258-2681

**St-Mark's Anglican Church** 20 Anson Drive 705-258-3713

**Trinity United Church** 156 Devonshire Avenue 705-258-3695 Paroisse Catholique Sts. Martyrs Canadiens 300 Church Street 705-232-4626

Saint-Anne's Catholic Parish 220 Fyfe Street 705-258-3243

Paroisse Imaculee Conception Val Gagne 705-232-6801

Iroquois Falls Bible Chapel 1065 Victoria Road 705-232-2544

#### YEARLY EVENTS

- The Porquis Blues & Rock Festival
- The Iroquois Falls Heritage Music Festival
- The Iroquois Falls Winter Carnival & Ice Derby (March Break)
- The Christmas Parade of Lights
- The Porquis Winter Carnival
- The Porquis Falls Fair

#### MUST SEE PLACES

- 1. Shay Locomotive
- 2. Trestle Bridge
- 3. Twin Falls
- 4. Anson Memorial Monument
- 5. Detroyes Historical Plaque
- 6. Jordan Collection

# **EXPLORE. PLAY. CONNECT.**

Iroquois Falls...it's a great place to be!



# For any additional information, contact:

**The Chamber of Commerce** 723 Synagogue Avenue 705-232-4656

The Town of Iroquois Falls 253 Main Street 705-232-5700



